

MARINA MAKES *EASY LIKE SUNDAY MORNING* RECIPES

SHOPPING LIST

PRODUCE

- ☐ 2 cups of thinly sliced kale
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- ☐

MEAT, FISH & POULTRY

- ☐ 4 slices of bacon (vegetarian option: vegan bacon)
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

DAIRY & EGGS

- ☐ 6 large eggs
- ☐ 2 oz of goat cheese
- (dairy-free or vegan option: dairy-free ricotta)
- ☐ 1 cup of heavy whipping cream
- (vegan option: coconut cream)
- ☐
- ☐
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- ☐
- ☐

BAKING, SPICES, OILS & CONDIMENTS

- ☐ 2 tablespoons of olive oil
- ☐ Salt
- ☐ Pepper
- ☐ 2-3 tablespoons of light brown sugar
- ☐ Cinnamon
- ☐ 1 tablespoon of sugar
- ☐ 2-3 tablespoons of mini semi sweet chocolate chips

BREAD, GRAINS & CEREAL

- ☐
- ☐
- ☐
- ☐
- ☐

DRY/CANNED GOODS & PANTRY SNACKS

- ☐ Maple syrup
- ☐
- ☐
- ☐
- ☐
- ☐

FROZEN FOODS

- ☐
- ☐
- ☐
- ☐

BEVERAGES

- ☐ 1/4 cup of blood orange juice (or grapefruit juice)
- ☐ 1/4 cup of prosecco (non-alcoholic: club soda)
- ☐
- ☐

MISCELLANEOUS

- ☐ Parchment paper
- ☐
- ☐